



## An Open Letter to the Community from Doctors Tony and Lori McLean, PT, DPT, Owners of Oakhurst Physical Therapy, Inc.

*We get three questions asked of us all the time, "How much will this cost?", "Will my insurance cover this?", and "Will this help me?". We wanted to celebrate with our community the 20th anniversary of Oakhurst Physical Therapy this May with an Open House for the entire community. However, with the Coronavirus challenge creating chaos, this letter must suffice.*

The fine people of this community may not know Oakhurst Physical Therapy is an essential business that continues to provide excellent care to our community while respecting the Shelter in Place directives along with considering the safety of our staff. During this time of pandemic, with social distancing, we are constantly amazed by the wonderful compassionate team members we have making up Oakhurst Physical Therapy who, daily, are risking exposure to the Coronavirus. Our patients have benefitted from the caring and compassionate staff following an injured person to get back to a normal life as soon as possible. For those who require the in-clinic option during this national crisis, we take all the CDC precautions to protect the patient and our staff. For those that desire or require staying home, we offer "Telehealth" via a secured video platform, so the patient does not miss a chance to obtain expert advice and treatment.

Choosing physical therapy as a first option has demonstrated significant reduction in the use of opioids and surgical interventions. Oakhurst Physical Therapy can provide treatment to meet the needs of the injured person whether in our clinic or via the Telehealth option. Physical therapy can minimize the effects of catastrophizing an injury, lead to reduction of muscle strains or joint sprains, and possibly prevent a visit to the emergency department.

Recently, a proud moment for Oakhurst Physical Therapy occurred when a professor of California State University, Fresno requested a final internship placement of a Doctoral Candidate of Physical Therapy prior to her sitting for the difficult Board Examinations in July. Our entire team embraced Esther and she, in turn, gave so much to our community, both patients and staff. We are devoted life-long learners and as Doctors of Physical Therapy, we always strive to improve our profession and ourselves.

Improving the quality of life in this area is the reason we choose to live in the Sierra Nevada Mountains near Yosemite National Park. We moved to the mountains to raise our boys and were warmly received by this community. Feeling so



welcomed we jumped in and participated in many community activities, organizations, and church. We soon realized the truth of the African Proverb, "It takes a village to raise our children." Our sons benefitted from their encounters with you. Those friendships were forged by hiking and backpacking trips, snow outings, school events, service clubs, and owning a business. Creating friendships sharpened our desire to serve our community and protect our quality of living because, "A rising tide raises all ships." If we could improve one person's quality of living and help them become FIT FOR LIFE, just imagine what that one person can do for our community? We feel we helped many more than just one.

As we reflect upon the current challenges we are facing, we wish to praise our entire team for the faith we have in one another. They have embraced our philosophy of serving you with a servant's heart.

**Thank You for the past 20 Years of Being Our Patients, Friends, Colleagues, and Neighbors.**

**Tony McLean, PT, DPT and Lori McLean, PT, DPT**

**We would like to honor our community with a 20% OFF Power Step Arch Supports coupon when purchased in the month of May and June 2020. If your feet are tired, or back is achy, treat yourself to the comfort and support. Happy Anniversary from Oakhurst Physical Therapy. No prescription necessary for your good health.**